

Hi, I'm Marco and I'm going to tell you a little bit about me.

I'm from La Rioja (Spain), I'm 13 years old but this year I'm going to be 14, and my birthday is the 26th of September. I measure 1.75 m and I weigh 65 kg. I study in a Marists school.

I have two sisters; the oldest is 11 years old and the youngest 2 years. My father is a judge and my mother works for the government.

This is a normal week in my life:

I go to school at 8:00h in the morning and I finish my classes at 2:35 p.m. I have 2 breaks when I talk with my friends. My favorite subjects are physical education, arts and music.

I play tennis in La Rioja's tennis federation. I like to play tennis and basketball but I prefer tennis (I love tennis). I play a lot of tennis tournaments in Spain.

I train on Mondays, Wednesdays and Thursdays I train tennis 2 hours. On Mondays I start at 5:30 p.m. and I train until 7:30 p.m. and on Wednesdays and Thursdays I start at 7:00 p.m. and I finish at 9:00 p.m. I play tournaments every weekend.

When I train, I do 30 minutes of physical training and then I do 1 hour and 30 minutes of some exercises of tennis like forehands, backhands, serves, etc. Sometimes I play small matches with my partners. Training is hard but I'm happy training because I want to improve and train is what I must do.

My favorite players are Nadal and Federer. I train in hard courts but I like to play in clay courts too.

At the weekends, I like to play tennis tournaments, meet with my friends and relax after a hard week.

In my free time, I like to sing, draw and watch TV. But if I can, I never say no to one tennis match.

In terms of food, I like all types of food but if I must to choose one... I like meat (every type).

